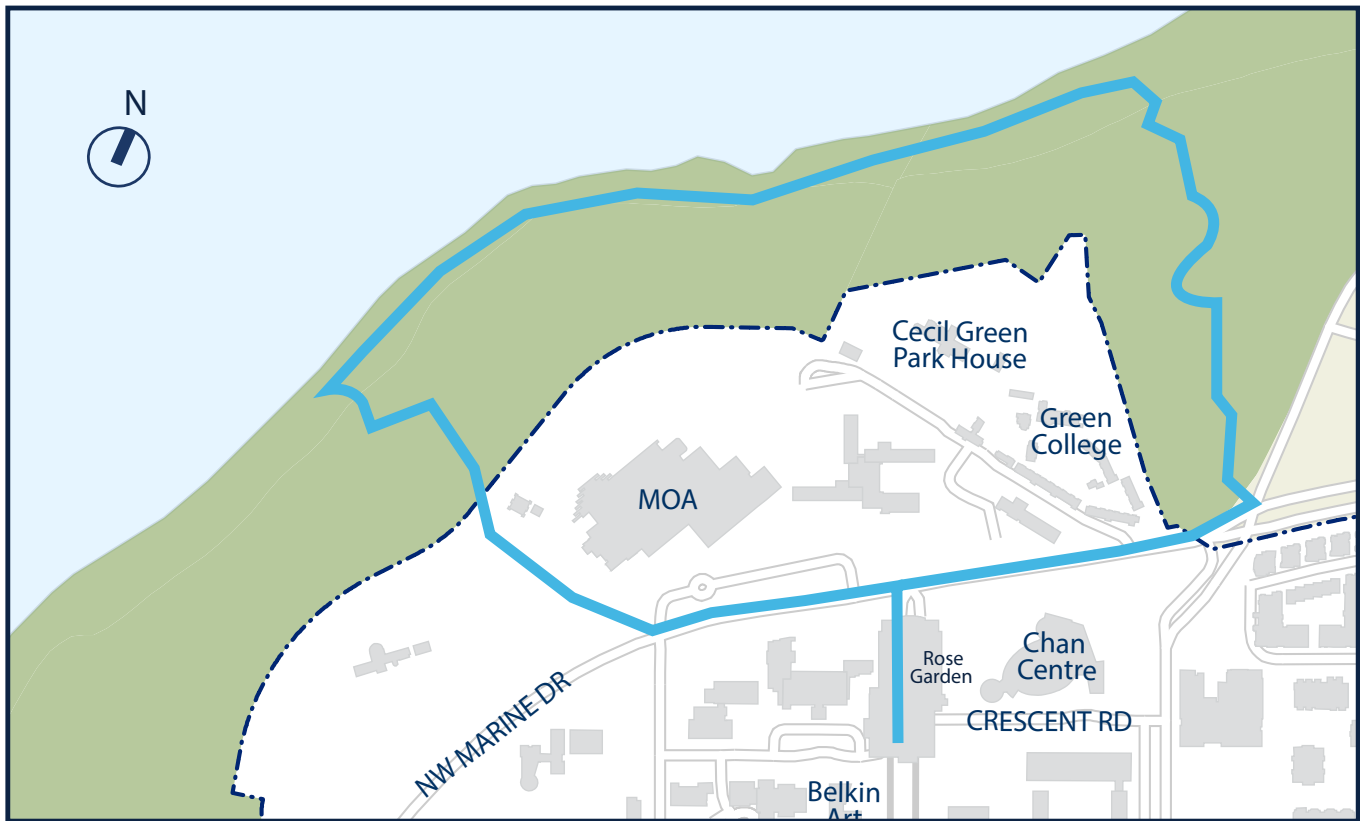


TOWER BEACH TRAIL



Base map supplied by UBC Campus + Community Planning
Created November 2016

ubc wellbeing

First meet at the flagpole then descend down the stairs at Rose Garden. Cross and turn right on NW Marine Drive. Keep on NW Marine Drive and the Trail 3 entrance will be on your left approaching the intersection. Follow the stairs until you hit the beach and there will be a path on your left. Follow the path on your left along the beach- there will be many rocks, fallen tree stumps so please exercise caution. Keep going until you see a staircase (Trail 4) on the left which you will take back up. Walk behind Museum of Anthropology back out to NW Marine Drive where you will take a left, then right again at the stairs to head back to rose garden.

-  30 minutes (brisk) 45 mins (relaxed)
-  Challenging
-  Slippery rocks, fallen tree stumps and uneven terrain.
-  Athletic or casual shoes, no business casual shoes
-  No wheelchairs or strollers
-  2.4 km
-  4100 steps
-  Trail 3 (descending): 394 stair steps
Trail 4 (ascending): 410 stair steps