30 Minute Walking Routes in Nature on UBC Vancouver Campus

This is a student-led collaboration with faculty and staff in the SEEDS Sustainability Program

First meet at the flagpole then descend down the stairs at Rose Garden. Cross and turn right on NW Marine Drive. Keep on NW Marine Drive and the Trail 3 entrance will be on your left approaching the intersection. Follow the stairs until you hit the beach and there will be a path on your left. Follow the path on your left along the beach- there will be many rocks, fallen tree stumps so please exercise caution. Keep going until you see a staircase (Trail 4) on the left which you will take back up. Walk behind Museum of Anthropology back out to NW Marine Drive where you will take a left, then right again at the stairs to head back to rose garden.

30 minutes (brisk) 45 mins (relaxed)

Challenging

Slippery rocks, fallen tree stumps and uneven terrain.

Athletic or casual shoes, no business casual shoes

No wheelchairs or strollers

2.4 km

4100 steps

Trail 3 (descending): 394 stair steps
Trail 4 (ascending): 410 stair steps