

Pick Your Peak Stair Challenge

May 28 - June 22

For UBC Staff & Faculty!
Register by May 23 at:
hr.ubc.ca/stair-challenge

Participate in this four-week challenge as an individual or with a team.
Climb your way to better health and have a chance to win great prizes!

All abilities are welcome to participate.
Concerns about accessibility?
Email: melissa.lafrance@ubc.ca

hr.ubc.ca/stair-challenge



THE UNIVERSITY
OF BRITISH COLUMBIA
Human Resources