

# Pick Your Peak Stair Challenge

## UBCO's Favourite Stairs to Climb!

UBC Okanagan	# of steps
Central Courtyard	27 steps
Rainbow stairs <i>alongside UNC with indoor stairs</i>	29 steps
Stairs between Arts & Sciences building (ASC)	25 steps
First floor Gym to second floor Hangar (GYM)	28 steps
First floor to second floor Engineering Management & Education (EME)	23 steps
Pathway stairs from Lower Cascades leading up to Similkameen and Monashee Residences	72 steps
Hill climb from University Way & Discovery Ave. intersection up to Parking Lot R	Approx. 600 steps

### UBC Okanagan [Campus Trails](#)

Pine Loop – 1.7km = 2,210 steps = 36.8 flights of stairs

Snowberry Loop – 1.55km = 2,015 steps = 33.6 flights of stairs

The Old Pond Trail – shy of 1km = 1,300 steps (approx.) = 21.7 flights of stairs

Juniper Trail – 1km = 1,300 steps = 21.7 flights of stairs

### Off Campus Stairs and Hikes

Apple Bowl multi-purpose stadium located at the Parkinson Recreation Area  
Kelowna

Knox Mountain 450 Knox Mountain Dr, Kelowna

Spion Kop 13331 Apex Ln, Lake Country

Mount Boucherie East Boundary Rd, West Kelowna

**Send your favourite stairs to climb  
in the Okanagan to  
[amanda.swoboda@ubc.ca](mailto:amanda.swoboda@ubc.ca)**