



Eligible members can take advantage of the "LOSE YOUR 1ST 10 LBS ON US!" promotion.  
\*Ask your Leader for details

## Let there be peas

### Because small changes make a big difference

Who knew green could be so good? With **At Work Meetings\***, learn how you can lose weight by changing your relationship with food, for good. Together with your co-workers, discover a proven approach that includes powerful group support that works for both men and women, inspirational guidance, and our full **suite of digital tools\*\***. The best part is, you can **join anytime**, on your own terms. Because your choices should be enjoyed—even the little ones you'd least expect.

**weightwatchers**

Help with the hard part.

### Information & Registration Session for our UBC Bookstore FALL WEIGHT LOSS series!

**Tuesday September 15<sup>th</sup>**

**12:15pm – 1pm**

(Series to commence week after confirmation of a minimum of 15 participants)\*

**Fall Special: 26 weeks +\$40 Gift Certificates:**

6 monthly credit card payments of \$54.55 tax in\*\*

**To book your place contact:**

Megan Campbell at [megan.campbell@ubc.ca](mailto:megan.campbell@ubc.ca)

\* Offer expires October 31<sup>st</sup>, 2015    \*\*Other payment options are available.

\* Available in participating areas only. Pre-payment of At Work Meeting Series required and further restrictions may apply. Minimum enrolment required to start an At Work meeting.  
\*\* Available to those who have pre-purchased an At Work meeting series at the start of the meeting series. Free eTools subscription offer not available for local Weight Watchers meetings or Online subscriptions. Your eTools subscription will automatically renew each month at standard rate (currently \$22.99, which is subject to change) per month, unless you cancel before the end of your subscription to eTools. Visit [www.weightwatchers.ca/cancel](http://www.weightwatchers.ca/cancel) for instructions on how to cancel. Subscription is not transferable.  
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