



Unused or old medications (including supplements, natural health products, herbal products, and vitamins) are a health, safety and environmental hazard when stored or disposed of improperly.

- The BC Poison Control Centre receives over 70 poison calls each day, with medications being one of the most common poisons.
- Flushing old medications increases the load of medication residue in surface water systems (lakes, streams and some community drinking water supplies).
- Environmentally responsible procedures exist for people to safely dispose of old or unwanted medications.

The Pharmacists Clinic at the UBC Faculty of Pharmaceutical Sciences is a registered participant in the **B.C. Medications Return Program**, and is ready to receive your unused or expired medications (at no charge) for safe disposal.

It only takes a few minutes:

- Go through your cupboards and medicine cabinets.
- Any prescriptions filled over a year ago and any products (vitamins, natural health supplements, cold remedies, etc.) past the printed expiry date on the package should not be used and should be disposed of safely.



Please put these items in a bag and bring them to the [Pharmacists Clinic](#) any time between 9 a.m. to 4 p.m., Monday to Friday for safe disposal. If you have any questions or would like to talk about your medications with one of our pharmacists, please give us a call beforehand.

The **B.C. Medications Return Program** has been in place since 1996. Last year alone, participating pharmacies collected and safely removed 87,429 kg of pharmaceutical waste from BC households. For more information, visit <http://clinic.pharmacy.ubc.ca/medication-returns/>.

Thank you in advance for your participation. To learn more about the Pharmacists Clinic, visit <http://clinic.pharmacy.ubc.ca/>.

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