Become a UBC Health Contact

Are you your offices designated 'go-to person' for all things healthy? Or are you simply interested in health and wellness?

If so UBC Health, Wellbeing, and Benefits would like you to become a *UBC Health Contact.*

UBC Health Contacts help disseminate up to the minute information on free workshops, fitness discounts, on and off-campus offers; and much more

If you feel that you, or someone you know, may be interested in being a UBC Health Contact or would simply like more information contact colin.hearne@ubc.ca