Dear (Insert PDF Name)

UBC is a global centre for research and teaching, consistently ranked among the 40 best universities in the world. Surrounded by the natural beauty of the Canadian West, UBC embraces bold new ways of thinking that attract exceptional postdoctoral fellows, students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute in one’s own way. UBC is a place of mind.

The Postdoctoral Fellows Office located in the Faculty of Graduate and Postdoctoral Studies is pleased to welcome you into the UBC Postdoctoral Community. You will be joining close to nine hundred Fellows across all disciplines within the UBC campus and its various medical units. As a postdoctoral fellow we know that this is an important place in your career and that you will gain the knowledge and experience necessary to advance your career and develop contacts among your peers that might assist you in the future. Here are a few of the offices/places here to support you during your time at UBC.

The Postdoctoral Fellows Office, (PDFO) provides support, development opportunities and advocacy for all PDFs. We work to enhance the development and experience of the postdoctoral community by implementing the Faculty’s support of research and professional career development. Our vision is simple: PDFs should have an excellent experience at UBC, preparing them to secure long-term employment in their chosen field.

As part of our welcome, we invite all new postdocs to the “New Postdoc Orientation” organized by our office. Here, you will receive an overview of the services that will help get you started and connected to the community. To register for the next orientation session, please visit our website: http://www.postdocs.ubc.ca/orientation-postdoctoral-fellows.

UBC Postdoc Association (UBC-PDA), established in 2006, is a coalition of volunteer postdoctoral fellows and research associates (RAs) with the goal of enhancing the postdoc experience at the University of British Columbia in all aspects – personal, professional, and social. To connect with the PDA, please visit their website: http://blogs.ubc.ca/ubcpda/

Postdoctoral Fellows at UBC may be eligible for health benefits, which include Extended Health, Dental and the Employee and Family Assistance Program. The eligibility requirements for benefits are: an appointment of at least 1 year in length, a minimum 50% appointment and you must meet the minimum salary requirements for that position. http://www.hr.ubc.ca/benefits/

For questions about your appointment, paid or unpaid, contact the office of Faculty Relations or check their web site: http://www.hr.ubc.ca/faculty-relations/recruitment/titles-ranks-descriptions/postdoctoral-fellows/

The Housing and Relocation Services office helps with the smooth transition of new faculty, postdoctoral fellows, staff and their families, who are relocating to UBC. http://www.hr.ubc.ca/housing-relocation/

Please feel welcome to contact us at (604) 822 - 2848 or visit our website at https://www.postdocs.ubc.ca.

We look forward to seeing you at orientation and around campus.

Best wishes,

The Postdoctoral Fellows Office Staff

**The Postdoctoral**

**Fellows Office**

**Postdoc Orientation**

**Postdoc Association**

**Getting your Benefits**

**Faculty Relations**

**Housing**

**& Relocation Services**